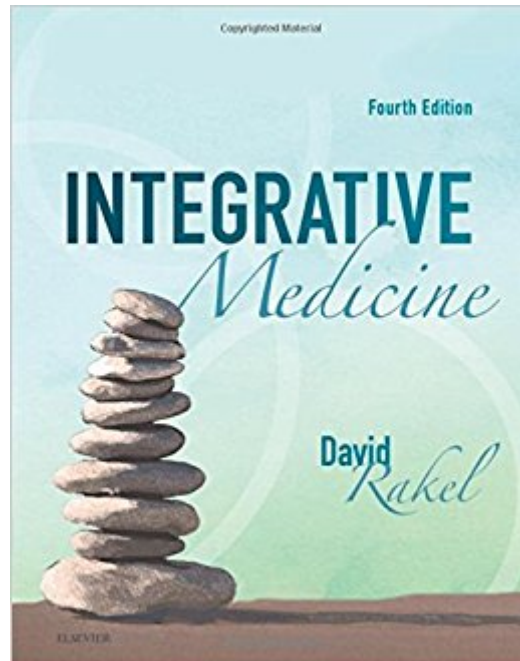




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Integrative Medicine, 4e



Synopsis

Stay on the cutting edge of today's most promising trends in complementary and alternative medical treatments with Dr. David Rakel's Integrative Medicine, 4th Edition. Written by physicians who are experts in both traditional and integrative medicine, this highly regarded, evidence-based reference covers therapies such as botanicals, supplements, mind-body, lifestyle choices, nutrition, exercise, spirituality, and more. Integrative Medicine, 4th Edition uses a clinical, disease-oriented approach, offering practical guidance for reducing costs and improving patient care. Helps you safely and effectively incorporate complementary and alternative therapies into your everyday practice, while focusing on prevention and wellness for a better quality of life. Uses the reliable SORT method (Strength of Recommendation Taxonomy) to provide evidence-based ratings, grading both the evidence and the relative potential harm. Explains how to make the best use of integrative medicine and the mechanisms by which these therapeutic modalities work, keeping you at the forefront of the trend toward integrative health care. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, videos, and references from the book on a variety of devices. Includes 13 brand-new chapters, covering hot topics such as personalized medicine, MTHFR mutation, food allergy and intolerance, the gut-immune influence on systemic inflammation and disease, chelation therapy, testosterone deficiency, adrenal fatigue, and much more. Features more than 100 significantly revised chapters and hundreds of new figures and tables throughout. Provides online access to new multiple-choice questions for every chapter, perfect for board exam review - plus downloadable Patient Education Guides and video collections.

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ÃfÂçÃ ËœÃ â |fÂçÃ ËœÃ â |fÂçÃ ËœÃ â |fÂçÃ ËœÃ â |fÂçÃ ËœÃ â | from MoxxArt on July 28, 2017A European Medical Device Debuts in this Landmark BookThe section in this book contributed by Sunil Pai, MD is excellent as it shares a European Medical device which I believe everyone should learn about because in my opinion this technology is truly the missing link in both Western medicine and alternative. I have been using this device personally and sharing information about it with my clients now for 5 years and feel it offers the cutting edge in the new frontier of electroceutical technology. Now when I pay this device forward to my clients I am delighted to share and recommend this amazing book to not only offer Dr. Pai's contribution about it but also point out that this device will help everything else offered in the book to work more efficiently to help the body heal itself.I believe this book belongs on every physicians desk bookmarked to Dr. Pai's chapter.Celeste Yarnall, Ph.D

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Such an excellent book.

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